# Sheltered housing schemes in Camden





# Contents

	Page
What is sheltered housing?	3
Other services for older people in Camden	4
Other sheltered housing options in Camden	5
Map of scheme locations and schemes listed alphabetically.	6
Scheme information	8
Sheltered schemes listed by area	
Hampstead and Swiss Cottage	Page Number
Argenta Henderson Court Monro House Robert Morton House Rose Bush Court Spencer House Waterhouse Close Wells Court	10 12 13 14
Gospel Oak area Ashdown Crescent Cressfield Close Denton Tower	18
Kentish Town and Highgate Ashton Court	21 22 23 24 25

	Page
Holborn and Bloomsbury	_
Akbar House	27
Dudley Court	
Jubilee House	
Millman Street	
O'Donnell and Foundling Court (Brunswick Centre)	
Shan House	
Kilburn and West Hampstead	
Burrard Road and Ingham Road	
Cleve Road	
Kingsgate Road	
Lauriston Lodge	
Lymington Road	
Phillip House	38
Spring Court	39
Sycamore Court	40
Vivian Court	41
Webheath	42
Camden Town and Regent's Park	
Cherry Tree Court	43
Clyde Court	
Esther Randall Court	
Hampstead Road	
Monica Shaw Court	
Oldfield Estate	
Pennethorne House	
Extra care sheltered housing	50
Mora Burnet – extra care scheme	51
Resource centres for older people	52

# What is sheltered housing?

Sheltered housing provides a supportive environment for older vulnerable and disabled people in the community. You can stay independent whilst benefiting from support and security.

#### Who can apply?

Sheltered housing is available to anyone who meets all of the following criteria:

- You must be at least 55
- You must have a housing need
- You must have a support need.

If you are unsure whether you meet the criteria for sheltered housing or have a question about the application process, please contact the sheltered housing team: phone 020 7974 4523/3247, textphone 020 7974 6866, email: sheltered.housing@camden.gov.uk or write to:

The sheltered housing team
Promoting independence group
London Borough of Camden
Bidborough House
38–50 Bidborough Street
London WC1H 9DB

# How do I apply for sheltered housing?

If you meet the criteria and would like to be considered for one of Camden's sheltered housing schemes, please visit camden.gov.uk/housing. Click on 'housing options' and fill in the self-assessment form. Make sure you tick the 'sheltered housing' option.

If you are having difficulties using the form, or do not have access to a computer, please phone the housing options team on 020 7974 5801 for help.

# Other services for older people

# Other services for older people in Camden

This service promotes independent living for older people in Camden by providing advice on housing to enable them to remain living at home. An outreach worker will visit you at home to assess your support needs and put you in touch with useful services.

Phone 020 7974 4759 Email outreach@camden.gov.uk

#### **Careline Telecare**

Careline Telecare is the council's emergency alarm service. It enables vulnerable and older people to stay independent yet confident that help is always at hand. They wear a button around their neck or wrist and in an emergency can use it to call the Careline Telecare response centre. Careline Telecare operates 24 hours a day, 365 days a year.

Phone 020 7974 1491 Email carelinetelecare@camden.gov.uk

# Resource centres for older people

Many sheltered schemes are close to resource centres for older people. These centres offer activities and classes specifically for people over 60. They also offer lunch and opportunities to socialise and help is available for people with personal care needs. For more information see page 52.

#### Residential and nursing care

A range of local authority, 'not for profit' and privately run care homes and nursing homes are available. For information about care homes please contact Camden adult social care.

Phone 020 7974 4000 Email adultsocialcare@camden.gov.uk

You can also contact Counsel and Care, a national charity for people over 60, their families and carers. It provides advice about issues connected with the community care system and publishes a wide range of factsheets which are available to download from their website.

Phone 0845 300 7585
Email advice@counselandcare.org.uk
counselandcare.org.uk

#### Moving out of Camden

For advice on the choices available if you want to move out of Camden please contact the council's housing options team.

Phone 020 7974 5801 Email housingneed@camden.gov.uk

#### Getting on in Camden

Camden Council has produced a free information guide about services and activities available for older people in Camden called 'Getting on in Camden'. Phone 020 7974 4523 or 020 7974 3247 or see camden.gov.uk/olderpeople

# Other sheltered housing options

The following are not available through Camden's housing register. If you are interested in any of these schemes, please contact the organisations directly.

## Leasehold sheltered schemes in Camden

#### **Davina House**

59a Forwych Road, London NW2 3TN Managed by: Genesis Homes International House, 4th Floor West 7 High Street London W5 5DB

Davina House has one- and twobedroom sheltered flats available to lease. Phone 020 8758 8333.

#### **Osprey Court**

256-258a Finchley Road, London NW3 7AA Managed by: The Osprey Management Company Limited 112 Mill Plat Isleworth TW7 6BZ

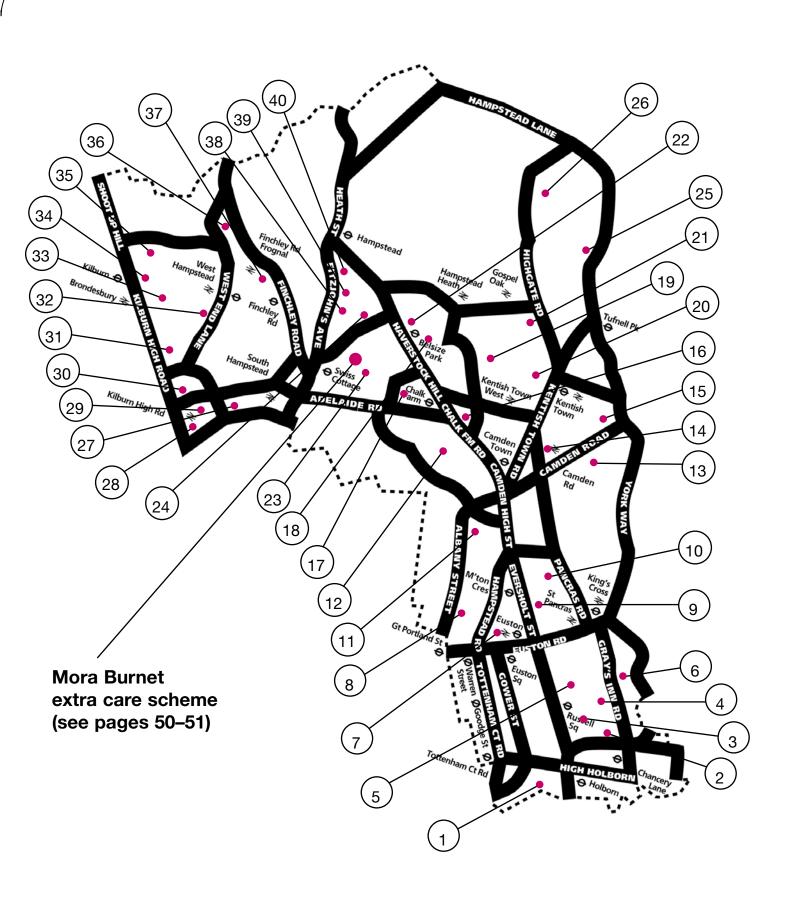
Osprey Court has 25 two-bedroom sheltered flats to lease. Phone 020 8569 8364 or 020 7435 6768

### Sheltered housing to buy in Camden

Elderly Accommodation Counsel provides a free advice and information service:

National advice line: 020 7820 1343 housingcare.org

# Map



Map Ref.	Page	Map Ref. Pag	е
Akbar House3	28	Mary Webster House 25 2	5
Argenta22	9	Millman Street 2 3	1
Ashdown Crescent 19 .	18	Monica Shaw Court 9 4	7
Ashton Court 13 .	21	Monro House	1
Burrard	34	O'Donnell and Foundling Court	
Cherry Tree Court14	43	(Brunswick Centre)5 3	2
Cleve Road32 .	35	Oldfield Estate 4	8
Clyde Court 10 .	44	Pennethorne House 11 4	9
Cressfield Close 20 .	19	Philip House	9
Denton Tower 16 .	20	Rackstraw House 2	6
Dudley Court1 .	29	Robert Morton House 27 1	2
Esther Randall Court 8 .	45	Rose Bush Court 18 1	3
Greenwood15	22	Sage Way 6 2	7
Hampstead Road 7 .	46	Shan House	3
Henderson Court 38 .	10	Spencer House 23 1	4
Highgate Road 21 .	23	Spring Court 34 3	9
Ingham Road 36 .	34	Sycamore Court 4	0
Jubilee House 4 .	30	Vivian Court 4	1
Kingsgate Road 31 .	36	Waterhouse Close 24 1	6
Lauriston Lodge 35 .	37	Webheath 4	2
Lymington Road 37 .	38	Wells Court	7
Makepeace Avenue 26 .	24		

### Scheme information

You can rent a sheltered housing flat either from the Council or from a local registered social landlord or housing association.

Sheltered housing schemes consist of self-contained unfurnished flats. Each has a scheme manager and a 24-hour community alarm service

Most schemes will have an on-site laundry (except the Brunswick Centre) and extra security measures to help tenants feel safe. Some schemes accept pets as long as they don't affect other tenants.

# Argenta House





1 Aspern Grove Haverstock Hill London NW3 2AB



020 7433 3659

Landlord: Camden Council

#### **Accommodation**



28 one-bedroom flats



Lift to all five floors

#### **Local amenities**



Belsize Park



168, C11, 46



Hampstead Heath



Close to Royal Free Hospital



Belsize Park local shops



Hampstead Heath



Henderson Court Charlie Ratchford

- Garden
- Guest room
- Common room

### Henderson Court



Henderson Court 102 Fitzjohn's Avenue London NW3 6NS



020 7435 6813

Landlord: Camden Council



#### **Local amenities**



Hampstead



46, 268



Hampstead Heath Finchley Road



**Keats Group Practice** 



Hampstead village local shops



Hampstead Heath

Resource Centre **Henderson Court** 

#### **Accommodation**



69 one-bedroom flats



Lift to all three floors

- Garden
- Guest flat
- Small common room

### Monro House





116 Fitzjohn's Avenue London NW3 6NU



020 7794 4962

Landlord: Camden Council

#### **Accommodation**



5 studio flats 24 one-bedroom flats 2 two-bedroom flats



Lift to all four floors

#### **Local amenities**



Hampstead



46, 268



Hampstead Heath



**Keats Group Practice** 



Hampstead village local shops



Hampstead Heath



**Henderson Court** 

- Common room
- Kitchen
- Garden
- Guest room

### Robert Morton House



Alexandra Place London NW8 0DX



020 7328 4312

Landlord: Origin Housing



#### **Local amenities**



**Swiss Cottage** 



31, 82, 113, 13, C11



South Hampstead



Belsize Pr iory Health Centre



Close to local shops



Winchester Road, Primrose Hill

#### **Accommodation**



45 one-bedroom flats



Two lifts to all floors All flats are wheelchair accessible

- Common room
- Garden and patio
- Guest room
- Several lunch clubs nearby

### Rose Bush Court





31-41 Parkhill Road London NW3 2YE



020 7586 1899

Landlord: Origin Housing

#### **Accommodation**



23 studio flats 33 one-bedroom flats One two-bedroom flat



Lift to all floors

#### **Local amenities**



Belsize Park



46, 24



Gospel Oak



Royal Free Hospital



Local shops



Hampstead Heath



Day centre nearby

- Parking
- Common room
- Guest room
- Library regularly visits scheme
- Regular activities organised by tenants and manager

# Spencer House



9-11 Belsize Park Gardens London NW3 4JR



020 7722 5420

**Landlord:** Circle 33 Housing Trust

Office hours are 9am to 3.30pm weekdays. Non-resident manager works mornings five days a week and there is a 24-hour control centre for emergencies.



#### **Local amenities**



Belsize Park



C11, 168



Hampstead Heath



Royal Free Hosital



Close to shops of Belsize Park



Hampstead Heath



Kingsgate

#### **Accommodation**



15 one-bedroom flats Two studio flats



Lift to all floors



Two flats for wheelchair users

- Common room
- Garden
- Kitchen
- Guest room

### Waterhouse Close





Lyndhurst Road London NW3 5PF



020 7435 0306

Landlord: Camden Council

#### **Accommodation**



24 one-bedroom flats



Lift to all floors

#### **Local amenities**



Belsize Park



24, 168, 268, C11



Hampstead Heath



Royal Free Hospital Keats Practice



Belsize Park local shops



Hampstead Heath



Charlie Ratchford Henderson Court

- Common room
- Garden
- Guest room

### Wells Court



Oriel Place London NW3 1QN



020 7435 8996

Landlord: Camden Council



#### **Local amenities**



Belsize Park, Hampstead



168, C11, 46



Hampstead Heath



Royal Free Hospital



Local shops nearby



Hampstead Heath

Resource Centre **Henderson Court** 

#### **Accommodation**



11 studio flats10 one-bedroom flats



Lifts to all floors



Property not wheelchair accessible as there are stairs to the main entrance

- Common room
- Kitchen

### Ashdown Crescent





1 Ashdown Crescent London NW5 4QB



020 7485 5411

Landlord: Camden Council

#### **Accommodation**



40 one-bedroom flats



Two lifts to five floors



Eight wheelchair-accessible flats

One wheelchair-adapted flat

#### Scheme facilities

- Common room
- Guest bedroom
- Garden

#### **Local amenities**



Kentish Town Chalk Farm



24, 46, C11



Gospel Oak Kentish Town West



Royal Free Hospital



Queen's Crescent shops and street market



Hampstead Heath



Charlie Ratchford Queen's Crescent Community Centre

Gospel Oak 17

### Cressfield Close



68 Cressfield Close London NW5 4BW



020 7485 0579

Landlord: Camden Council



#### **Local amenities**



Chalk Farm



Camden Town, Hampstead, 24, 46, 214, C2, 134, C11



Gospel Oak Kentish Town



Kentish Town Health Centre Local practices



Local shops



Hampstead Heath

Resource Centre Charlie Ratchford

#### **Accommodation**



24 one-bedroom flats



Lift to all floors

- Common room
- Kitchen
- Garden

### **Denton Tower**





Malden Crescent London NW1 8BN



020 7267 4252

Landlord: Camden Council

#### **Accommodation**



87 one-bedroom flats



Two lifts to all 19 floors



Not suitable for wheelchairs

#### **Local amenities**



Chalk Farm



Camden Town, Hampstead, 24, 46, 27, 168



Kentish Town West



Kentish Town Health Centre Local practices



Local shops nearby



Hampstead Heath



Charlie Ratchford

#### **Scheme facilities**

- Common room
- Guest room
- Plusbus weekly
- Communal garden

Gospel Oak 19

### **Ashton Court**



254-256 Camden Road London NW1 9HF



020 7485 9538

Landlord: Origin Housing

This scheme has a manager working weekdays from 9am to 5pm and a deputy manager working 9am to 1pm weekends.



#### **Local amenities**



Camden Town



29, 253



Camden Road



Ampthill Square, Charlton Street, Somers Town



Camden High Street



Regent's Park

Resource Centre Irish Centre, Murray Street

#### **Accommodation**



29 studio flats 6 one-bedroom flats



Two lifts

- Guest room
- Common room
- Garden
- Snooker table
- Regular social activities

### Greenwood





1 Greenwood Oseney Crescent London NW5 2BB



020 7485 2108

Landlord: Camden Council

#### **Accommodation**



67 studio flats

to second floor



44 flats with lift to all three floors 23 flats with stair access up

#### **Local amenities**



Kentish Town



C2, 134, 214, 390



Kentish Town



Caversham Group Practice James Wigg Practice



Local shops nearby



Parliament Hill



Charlie Ratchford

#### · Camaman naam

- Common room
- Garden

# 91 and 119 Highgate Road



91 and 119 Highgate Road London NW5 1TR



020 7267 7526

Landlord: Camden Council



#### **Local amenities**



Kentish Town



Routes for Kentish Town and Camden Town, C2, 214



Kentish Town



Parliament Hill Surgery Caversham Practice James Wigg Practice



Highgate Road



**Centre** 

Hampstead Heath

Charlie Ratchford

#### **Accommodation**



26 one-bedroom flats



Two blocks of flats, one is at number 91 where there are 10 flats in a small block on four floors with a lift. Eleven other flats are part of a nearby housing estate (Pictured above)



Ramp access to 10 ground floor flats within the housing estate

- Common room
- Garden

# Makepeace Avenue





30 Makepeace Avenue London N6 6HL



020 8348 5634

Landlord: Camden Council

#### **Accommodation**



24 one-bedroom flats



Lift to all four floors

#### Local amenities



Kentish Town



C2, 214, C11



Kentish Town Gospel Oak



Parliament Hill Surgery **Brockfield Park Surgery** 



Local amenities on Swains Lane.



Hampstead Heath Waterlow Park



Charlie Ratchford Holly Lodge Community Centre and lunch club

- Garden
- Common room
- On the route of several shopping buses
- Large patio

# Mary Webster House



55 Dartmouth Park Hill London NW5 1JD



020 7485 5560

Landlord: Origin Housing

The scheme manager is available from 10am to 4pm on weekdays.



#### **Local amenities**



Tufnell Park 10 minutes walk away



134



Gospel Oak



Local practices



Holloway Road



Hampstead Heath

**Henderson Court** 

#### **Accommodation**



11 one-bedroom flats 3 two-bedroom flats



Lift to all floors

- Communal garden
- Common room
- Lunch club neighbouring the scheme offers three-course lunch

### Rackstraw House





40 Primrose Hill Road London NW3 3AB



020 7722 6862

Landlord: Central & Cecil

#### **Accommodation**



13 one-bedroom flats
One two-bedroom flat
Seven studio flats



Lift to all floors

#### **Local amenities**



Chalk Farm Swiss Cottage



C11, 31



Not applicable



Adelaide Medical Centre



Finchley Road local shops



Regent's Park and Primrose Hill



Charlie Ratchford

- Common room
- Garden
- Guest room

# Sage Way



Cubitt Street London WC1X 0PG



020 7278 6434

Landlord: Camden Council



#### **Local amenities**



King's Cross



46, 17, 45



King's Cross



**Brunswick Centre** 



Brunswick Centre nearby



Coram's Fields

Resource Centre Millman Street Marchmont Street

#### **Accommodation**



31 one-bedroom flats



Lift to all four floors



10 ground floor wheelchair adapted flats

- Common room
- Garden
- Guest room

### **Akbar House**





4 Guilford Place London WC1N 1EA



020 7494 7170

**Landlord:** ASRA Housing Association Greater London

#### **Accommodation**



One studio flat 12 one-bedroom flats



Lift to three floors

#### **Local amenities**



Russell Square



7, 17, 19, 38, 45, 59, 69, 188



King's Cross



Holborn Medical Centre



**Brunswick Centre** 



Coram's Fields



Millman Street

- Common room
- Laundry room
- Communal payphone

# **Dudley Court**



36 Endell Street London WC2H 9RB



020 7240 8989

Landlord: Camden Council



#### **Local amenities**



Covent Garden







Medical centre in the building



24-hour mini-market nearby



Bedford Square Russell Square

Resource Centre

Age Concern at Oakhams Walk Millman Street

#### **Accommodation**



Rear walkway overlooks Oasis outdoor swimming pool



Lift to all three floors

#### Scheme facilities

Common room

### Jubilee House





167–169 Gray's Inn Road London WC1X 8UE



020 7833 0611

**Landlord:** Circle 33 Housing Trust

The non resident manager is available 9am to 5pm weekdays and for two hours at the weekend

#### **Accommodation**



23 one-bedroom flats

Most tenants are Chinese elders



Lift to all floors

#### **Local amenities**



King's Cross and Russell Square



17, 45, 46



King's Cross



Gray's Medical Centre



The Brunswick Local shops



Calthorpe



Millman Street Chinese Community Centre

- Guest room
- Dining room
- Kitchen
- Common room
- Garden

### Millman Street



26c Millman Street London WC1N 3EQ



020 7831 2893

Landlord: Camden Council



#### **Local amenities**



Russell Square Holborn



Gray's Inn Road Theobalds Road



King's Cross



Holborn Medical Centre



Local shops nearby



Coram's Fields

Resource Centre

Millman Street

#### **Accommodation**



22 one-bedroom flats Sheltered flats are amongst family housing.



Lift to all four floors

- Nearby lunch club
- Common room

# O'Donnell and Foundling Court





93 O'Donnell Court London WC1N 1AQ and

9 Foundling Court London WC1N 1AN



020 7833 1989 and 020 7837 0333

Landlord: Camden Council

#### **Accommodation**



22 studio flats 100 one-bedroom flats 19 two-bedroom flats Sheltered flats are amongst family housing.



Lifts to all seven floors

#### Local amenities



Russell Square



Woburn Place, 7, 188, 168, 91



King's Cross



Health centre opposite O'Donnell Court



Local shops



Brunswick Square Russell Square



Marchmont Street Millman Street

#### **Scheme facilities**

Tenants' association room

### Shan House



52–58 Millman Street London WC1N 3EE



020 7940 6656

**Landlord:** ASRA Housing Association

**Greater London** 



#### **Local amenities**



Russell Square



7, 17, 19, 38, 45, 59, 68, 188



King's Cross



Holborn Medical Centre



Brunswick Shopping Centre



**Centre** 

Millman Street

Brunswick Square

### Accommodation



15 one-bedroom flats Lower ground three flats have disabled access Most tenants are Asian elders



Lift to all four floors

- Common room
- Communal payphone

# Burrard and Ingham Road





33 Ingham Road London NW6 1DE



020 7435 0698

Landlord: Paddington Churches Housing Association

Scheme manager is based at 33a Ingham Road

#### **Accommodation**



26 one-bedroom flats, includes 13 ground floor flats with own garden.

Sheltered flats are amongst family housing.

#### **Local amenities**



West Hampstead



13, 82, 113, 328



West Hampstead



Solent Road Health Centre



West End Lane and Finchley Road



Hampstead Heath



Kingsgate

- Communal lounge at 33a
   Ingham Road
- Kitchen at 33a Ingham Road

### Cleve Road



2,14 and 17 Cleve Road London NW6 3RL



020 7624 3187

Landlord: Central & Cecil



#### **Local amenities**



West Hampstead (Jubilee Line)



Routes to West End Lane and Swiss Cottage



West Hampstead
Thameslink and Silverlink



The Abbey Medical Centre Brondesbury Medical Centre



West End Lane



Kilburn Grange Park

Resource Centre Kingsgate

#### **Accommodation**



15 one-bedroom flats 21 studio flats



Lift to all floors at 2 and 17 Cleve Road

- Laundry at 2 and 17 Cleve Road
- Common room at 17 Cleve Road

# Kingsgate Road





61 Kingsgate Road London NW6 4JY



020 7624 3121

Landlord: Camden Council

#### **Accommodation**



25 one-bedroom flats



Lift to all three floors

#### **Local amenities**



Kilburn, West Hampstead



16, 32, 31, 328



West Hampstead Kilburn High Road



Belsize Park Brondesbury Health Centre



Some small shops nearby Close to Kilburn High Road



Kilburn Grange Park



Kingsgate

- Common room
- Kitchen
- Courtyard

## Lauriston Lodge



Lauriston Lodge Barlow Road London NW6 2BH



020 7328 8561

Landlord: Camden Council



#### **Local amenities**



Kilburn West Hampstead



16, 316, 32, 189, C11



Kilburn High Road



Brondesbury Medical Practice



Kilburn High Road



Kilburn Grange

Resource Centre

Kingsgate
West End Sidings
Mill Lane Community Centre

#### **Accommodation**



22 one-bedroom flats



Lift to all three floors

- Games room
- Garden
- Common room
- Guest room
- Kitchen

# Lymington Road





19 Wedgewood Walk Lymington Road London NW6 2BH



020 7431 0195

Landlord: Camden Council

#### **Accommodation**



27 one-bedroom flats Sheltered flats are amongst family housing.



All flats are ground floor



Four two-bedroom wheelchair-adapted flats

#### Scheme facilities

- Patio
- Common room

#### **Local amenities**



West Hampstead



113, 13, 82



Finchley Road Frognal station is nearby, up a steep hill



Brondesbury Health Centre Solent Road Health Centre



Finchley Road



Hampstead Heath

Resource Centre

Kingsgate

There is a longer but gentler slope down to the shops and transport of West End Lane.

## Philip House



Mortimer Place London NW6 5PB



020 7328 6879

Landlord: Central & Cecil

Two tenancy support officers, on-call emergency service on evenings and weekends.



#### **Local amenities**



Kilburn Park



16, 31, 98, 316, 328



Kilburn High Road



Kilburn High Road



Close to local shops



Resource Centre Paddington recreation ground with bowling greens nearby Kingsgate

#### **Accommodation**



50 studio flats 28 one-bedroom flats



Lifts to all floors



Some wheelchair-accessible flats

- Guest room
- Common room
- Regular activities and outings organised by staff and tenants

# **Spring Court**





1B Iverson Road London NW6 2QW



020 7372 6035

Landlord: English Churches HA

One non-resident manager (available from 9am to 5pm on weekdays) and a 24-hour emergency alarm service

#### **Accommodation**



Eight studio flats
12 one-bedroom flats (seven suitable for single people)
Two two-bedroom flats
One three-bedroomed flat



Two lifts to all floors

#### **Local amenities**



Kilburn



16, 32, 98, 316



Brondesbury



**Brondesbury Medical Centre** 



Kilburn High Road



Grange Park



Kingsgate

- Common room
- Guest room

# Sycamore Court



Sycamore Community Hall 27A West End Lane London NW6 4NY



020 7328 8746

Landlord: Camden Council



#### **Local amenities**



Kilburn Park



31, 139, 189



Kilburn High Road



Local practices



Kilburn High Road



Kilburn Grange Park

Resource Centre

Kingsgate

#### **Accommodation**



32 one-bedroom flats



Lift to all floors

- Common room
- Garden

## Vivian Court





128-134 Maida Vale London W9 1PZ



020 7624 7469

Landlord: Central & Cecil

One tenancy support manager and three tenancy support officers and a 24-hour emergency alarm service

#### **Accommodation**



37 one-bedroom flats 119 studio flats



Lifts to all floors



Limited access for wheelchairs

#### **Local amenities**



Maida Vale or Kilburn Park



16, 98



Kilburn High Road



Kilburn High Road



Kilburn High Road



Paddington Recreational Ground



Kingsgate

- Regular activities and outings organised by staff and tenants
- Lunch club offering threecourse meal
- Guest room
- Weekly hairdresser

### Webheath



Palmerston Road London NW6 2JU



020 7328 4768

Landlord: Camden Council



#### **Local amenities**



Kilburn



16, 316, 98



Brondesbury



Priory Health Centre Local practices nearby



Local shops nearby



Kilburn Grange Park



Kingsgate

#### **Accommodation**



12 studio flats
Five one-bedroom flats



Lift to two floors



Five one-bedroom flats and some studio flats are suitable for wheelchair users

#### **Scheme facilities**

 Kingsgate resource centre on ground floor offers lunch club and activities

# **Cherry Tree Court**





91-93 Camden Road London NW1 9HX



020 7482 0611

Landlord: Circle 33 Housing Trust

Non resident manager is available 9am to 5pm weekdays and for two hours at the weekend

#### **Accommodation**



23 one-bedroom flats



Chair lift



Some wheelchair access

#### **Local amenities**



Camden Town



253, 29



Camden Road



Camden Road Surgery



Camden Town



Camden Park Gardens



Charlie Ratchford

- Lounge
- Garden
- Common room

# Clyde Court



1 Hampden Close London NW1 1HL



020 7383 3193

Landlord: Camden Council



#### **Local amenities**



Mornington Crescent King's Cross



St Pancras Road



King's Cross and St Pancras



Local practices nearby Crowndale Road Health Centre



Crowndale Road Camden Town



Coopers Lane green space



Hampden Community Centre

#### **Accommodation**



46 one-bedroom flats



Lift to all four floors

- Kitchen
- Common room
- Garden

## **Esther Randall Court**

Esther Randall Court is unable to accept new tenants as it is currently being developed into extra-care sheltered housing. This work will be completed by 2011.





2 Little Albany Street London NW1 4DY



020 7388 8257

Landlord: One Housing Group

#### **Accommodation**



34 one-bedroom flats



Lift to all floors



Two wheelchair-adapted flats

#### **Local amenities**



**Great Portland Street** 



Lunchtime bus service goes to Oldfield sheltered housing scheme for lunch club



**Great Portland Street** 



Regent's Park Medical Centre



A regular shopping bus takes tenants to the local market



Regent's Park



The Crypt

- Hairdressing salon weekly
- Guest room
- Common room
- Parking
- Garden
- An assisted bathroom is available

## Hampstead Road



40 Hampstead Road London NW1 2PX



020 7388 8569

Landlord: Camden Council



#### **Local amenities**



Warren Street Euston Square



Hampstead Road Euston Road



Euston



Ampthill Square and Cumberland Market local practices



Local supermarket opposite



Regent's Park

Resource Centre

Hillwood Charlie Ratchford

#### **Accommodation**



19 one-bedroom flats



Lift to all four floors

#### **Scheme facilities**

Common room

## Monica Shaw Court





31 Purchese Street London NW1 1EY



020 7388 9247

Landlord: Camden Council

#### **Accommodation**



21 one-bedroom flats



Lift to first floor flats

#### **Local amenities**



King's Cross



St. Pancras Road for Camden Town and Euston Road



King's Cross and St Pancras



Charlton Street and Somers Town Medical Centre



Somers Town and Chalton Street market on Fridays



Plot 10 open space, Regent's Park



Hillwood

#### Scheme facilities

• Common room

### **Oldfield Estate**



52 Fitzroy Road London NW1 8UA



020 7722 0157

Landlord: Central & Cecil

One tenancy support manager and four tenancy support officers provide 'on-site' services and a 24-hour emergency alarm service.



#### **Local amenities**



Chalk Farm



31, 168, 274



Not applicable



Regent's Park Road



Close to local shops and Camden Town



Primrose Hill, Regent's Park



Charlie Ratchford

#### **Accommodation**



247 studio flats Many flats have attractive views over Primrose Hill



Lifts to all floors



Two one-bedroom wheelchair-adapted flats All studios are wheelchairaccessible

- Common room
- Hairdressing
- Computer room
- Lunch club offering threecourse meals

## Pennethorne House





204 Albany Street London NW1 4AA



020 7387 6152

Landlord: SPH Housing

#### **Accommodation**



32 one-bedroom flats



Lift to all floors



Limited access for wheelchairs

#### Scheme facilities

- Tai Chi
- Common rooms
- Guest room
- Garden
- Regular social activities
- Several lunch clubs
- Computer club
- Mobile library

#### **Local amenities**





C2 bus stops outside front door



Camden Road



Medical centre nearby (chiropody and dental services)





Resource Centre Third Avenue Project, Munster Square

# What is extra-care sheltered housing?

Extra-care sheltered housing offers accommodation with care staff on site 24 hours a day who can help you remain independent in a home of your own.

Extra care housing can be a good alternative to residential care allowing you to have your own tenancy and your own front door.

## What are the benefits of extra care?

- You agree your care and support needs with a social worker and the scheme manager.
- There is a care and support team on site 24 hours a day.
- A dedicated team of well trained care staff can help with personal care, domestic tasks and management of your tenancy and bills.
- You get privacy and security and peace of mind for you and your relatives.
- You can have emergency call alarms in your flat to call assistance if you want them.

#### Who is extra care for?

People applying for extra care are assessed by a social worker to see if they are eligible, using a care needs assessment. You must:

- be over 65
- live in Camden and have housing support needs
- need care.

If you would like to know more about extra care or are interested in applying contact:

Camden Council information and access team, phone 020 7974 4000

# Mora Burnet – extra care scheme



37 Winchester Road London NW3 3NJ



020 7722 9069

**Landlord:** SPH Housing



#### **Local amenities**



**Swiss Cottage** 



31, C11, 603, Finchley Road



South Hampstead



Swiss Cottage Surgery



Close to local shops



Resource Centre

Kingsgate

#### **Accommodation**



35 one- and two-bedroom flats



Lifts to all floors



All flats are wheelchair adapted

- Large lounge and other smaller seating areas for tenants' use
- Large kitchen that can be used to cater for tenants' meals or for special occasions
- Garden and guest room
- Each flat has a cooker, fridge-freezer and carpets
- Electric scooter store-room and charging area

# Resource centres for older people

Camden's resource centres offer opportunities to join activities and adult education classes specifically for people who are aged over 60. For example, they host classes in relaxation, art, chairbased exercise, Tai Chi, drama, poetry appreciation, sewing skills, pottery and more. There are also activities such as podiatry, shopping trips and guizzes.

Older people can socialise, have lunch and where necessary receive help with personal care and support needs, ranging from form filling to help in accessing other services.

Some resource centres are UK Online centres and are able to offer one-to-one computer training in computer suites that are equipped with the latest technology. Adaptations are available to help people with special needs, for example, poor sight or hand movement. Centres also work with the local community and outside groups.

Some activities are run for groups with particular needs, such as people who have experienced strokes or are living with dementia. There are also services for particular cultural and language groups, such as Asian, Somali and African-Caribbean older people.

#### Gospel Oak

Charlie Ratchford Resource Centre Belmont Street London NW1 8HF **020 7485 2968** 

#### King's Cross

Great Croft Resource Centre Cromer Street London WC1H 8LF 020 7278 5090

#### **Hampstead**

Henderson Court Resource Centre 102 Fitzjohn's Avenue London NW3 6NS 020 7794 6588

#### **Somers Town**

Hillwood Resource Centre 1 Polygon Road London NW1 1QH 020 7387 7628

#### Kilburn

Kingsgate Resource Centre 208 Webheath Palmerston Road London NW6 2JU 020 7624 8818

#### Holborn

Millman Street Resource Centre 50 Millman Street London WC1N 3EW 020 7405 2493

# If you would like this information in a different format or language, please call 020 7974 3247 or 020 7974 4523.

Sheltered housing service London Borough of Camden Bidborough House 38–50 Bidborough Street London WC1H 9DB

Phone: 020 7974 3247 or 020 7974 4523

Fax: 020 7974 5741

Textphone: 020 7974 6866

Email: sheltered.housing@camden.gov.uk

camden.gov.uk/olderpeople

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